SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average burden											

0.5

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Title of Security	(Instr. 3)		2. Transaction Date	2A. Deemed Execution Date.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3.		5. Amount of Securities	6. Ownership Form: Direct	7. Natur		
		Table I - Nor	n-Derivative S	ecurities Acqu	uired, Disp	osed of, or Benefi	cially (Owned			
(City)	(State)	(Zip)						Person			
,								,	lore than One Rep	orting	
ROCHESTER	NY	14650					X	Form filed by C	One Reporting Pers	son	
(Street)			4. If Am	endment, Date of C	Driginal Filed (Month/Day/Year)	6. Indiv Line)	vidual or Joint/Gro	up Filing (Check A	pplicable	
343 STATE STR	REET										
(Last)	(First)	(Middle)	12/11/				Executiv	Executive Vice President			
				of Earliest Transac	tion (Month/D	ay/Year)	x	Officer (give tit below)	e Other below	r (specify v)	
1. Name and Addre Hellyar Mary		Person [*]		er Name and Ticker <u> FMAN KOD</u>			ationship of Repor (all applicable) Director	ting Person(s) to Is 10%	owner		
			2 1000	v Nome and Ticker	ar Tradina C	mbal		tionahin of Donor	ting Deveen(a) to k		
obligations may Instruction 1(b).				nt to Section 16(a) c ction 30(h) of the Inv		es Exchange Act of 1934 pany Act of 1940		ho	urs per response:	(
obligations may	continuo Coo										

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock								35,553 ⁽¹⁾	D	
Common Stock								23.6967	Ι	by Trustee of ESOP
Common Stock								24.6591	I	by Trustee in Spouse's KESOP

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerci Expiration Dat (Month/Day/Ye	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option (right to buy)	\$31.3							(2)	03/31/2008	Common Stock	3,000		3,000	D	
Option (right to buy)	\$31.3							(2)	04/01/2008	Common Stock	3,750		3,750	D	
Option (right to buy)	\$31.3							(2)	03/11/2009	Common Stock	273		273	D	
Option (right to buy)	\$31.3							(2)	03/31/2009	Common Stock	3,750		3,750	D	
Option (right to buy)	\$31.3							(2)	05/02/2009	Common Stock	2,000		2,000	D	
Option (right to buy)	\$31.3							(2)	03/29/2009	Common Stock	8,000		8,000	D	
Option (right to buy)	\$31.3							(2)	01/11/2011	Common Stock	6,333		6,333	D	
Option (right to buy)	\$31.3							(2)	11/15/2011	Common Stock	13,800		13,800	D	
Option (right to buy)	\$36.66							(3)	11/21/2012	Common Stock	16,830		16,830	D	
Option (right to buy	\$24.49							(3)	11/18/2010	Common Stock	5,000		5,000	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option (right to buy)	\$31.71							(3)	12/09/2011	Common Stock	5,000		5,000	D	
Option (right to buy)	\$31.52							(3)	01/16/2012	Common Stock	10,000		10,000	D	
Option (right to buy)	\$26.47							(3)	05/31/2012	Common Stock	50,000		50,000	D	
Option (right to buy) ⁽⁴⁾	\$24.75							(3)	12/06/2012	Common Stock	16,750		16,750	D	
Option (right to buy) ⁽⁴⁾	\$25.88							(3)	12/11/2013	Common Stock	58,690		58,690	D	
Option (right to buy) ⁽⁴⁾	\$28.44							(3)	10/16/2014	Common Stock	20,000		20,000	D	
Option (right to buy) ⁽⁴⁾	\$23.28	12/11/2007		А		69,920		(3)	12/10/2014	Common Stock	69,920	\$23.28	69,920	D	
Restricted Stock Units ⁽⁵⁾	(6)							12/31/2007 ⁽⁷⁾	12/31/2007 ⁽⁷⁾	Common Stock	3,895		3,895	D	
Option (right to buy)	\$31.3							(2)	04/01/2008	Common Stock	67		67	I	Options held by spouse
Option (right to buy)	\$31.3							(2)	03/12/2010	Common Stock	67		67	Ι	Options held by spouse

Explanation of Responses:

1. Some of these shares are restricted.

2. These options have vested.

3. These options vest one-third on each of the first three anniversaries of the grant date.

4. Stock option granted under the 2005 Omnibus Long-Term Compensaton Plan.

5. These units granted under the 2005 Omnibus Long-Term Compensation Plan; 2006 Executive Performance Share Program

6. These units convert on a one-for-one basis.

7. This is the date these restricted stock units will vest.

Remarks:

Laurence L. Hickey, as

12/13/2007 attorney-in-fact for Mary Jane <u>Hellyar</u> Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.