Option (right to buy

Option (right to buy)

\$24.49

\$31.71

FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549	
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OMB API	PROVAL
OMB Number:	3235-028

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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					or Se	Ction 30(	(11) OI	tne investm	ent Co	inpany Act	01 1940							
1. Name and Address of Reporting Person* Hellyar Mary Jane								Ticker or Tra				Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director						
(Last) (First) (Middle) 343 STATE STREET					3. Date 12/12/		est Tra	ansaction (N	lonth/E	ay/Year)		helow)	Officer (give title Other (sp below)  Senior Vice President			specity		
(Street) ROCHESTER NY 14650						endmen	it, Dat	e of Origina	Filed	(Month/Da		6. Individual or Joint/Group Filing (Check Appl Line)     X Form filed by One Reporting Person     Form filed by More than One Report						
(City)	(\$	State)	(Zip)											lied by Wol	e man	One Repon	ung Person	
1. Title of Security (Instr. 3)			2. Transa Date		2A. Deemed Execution Date,		3. Pate, Tran	Transaction Disposed Code (Instr.				5. Amour 5) Securitie Beneficia	5. Amount of		: Direct	7. Nature of Indirect Beneficial Ownership		
							Code	de V	Amount	(A) or (D)	Price	Reported Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common	Stock												29,	174(1)		D		
Common	mmon Stock												23.	23.6967		I	by Trustee of ESOP	
Common	Common Stock												4	42			Shares held by spouse	
			Table II -					cquired, nts, optic					Owned					
Security or E (Instr. 3) Pric	2. Conversion or Exercise Price of Derivative Security	Conversion or Exercise Price of Derivative Date (Month/Day/Year) if any (Month/Day/		Code (Instr.		of Exp		Expiration	Date Exercisable xpiration Date donth/Day/Year)		of Securit Underlyin	d Amount ies g Derivativ Instr. 3 and	Derivative Security			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficia Ownershi ct (Instr. 4)	
				Cod	e V	(A)	(D) Date			epiration	Amount o Number o Shares							
Option (right to buy)	\$31.3							(2)	(	14/03/2007	Common Stock	3,000		3,00	00	D		
Option (right to buy)	\$31.3							(2)	(	3/31/2008	Common Stock	3,000		3,00	00	D		
Option (right to buy)	\$31.3							(2)	(	03/11/2009	Common Stock	273		27.	3	D		
Option (right to buy)	\$31.3							(2)	(	03/31/2009	Common Stock	3,750		3,7:	50	D		
Option (right to buy)	\$31.3							(2)	(	05/02/2009	Common Stock	2,000		2,00	00	D		
Option (right to buy)	\$31.3							(2)	(	3/29/2009	Common Stock	8,000		8,00	00	D		
Option (right to buy)	\$31.3							(2)	(	01/11/2011	Common Stock	6,333		6,33	33	D		
Option (right to buy)	\$31.3							(2)	1	1/15/2011	Common Stock	13,800		13,8	300	D		
Option (right to buy)	\$36.66							(4)	1	1/21/2012	Common Stock	16,830		16,8	330	D		

(4)

(4)

Common Stock

Common Stock

5,000

5,000

5,000

5,000

D

D

11/18/2010

12/09/2011

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		5. Numb of Derivati Securiti Acquire (A) or Dispose of (D) (II 3, 4 and	ive ies ed ed ed nstr.	6. Date Exerci Expiration Dat (Month/Day/Ye	е			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Expiration Date 1		Title	Amount or Number of Shares				
Option (right to buy)	\$31.52							(4)	01/16/2012	Common Stock	10,000		10,000	D	
Option (right to buy)	\$26.47							(4)	05/31/2012	Common Stock	50,000		50,000	D	
Option (right to buy) <sup>(3)</sup>	\$24.75							(4)	12/06/2012	Common Stock	16,750		16,750	D	
Option (right to buy) <sup>(3)</sup>	\$25.88	12/12/2006		A		58,690		(4)	12/11/2013	Common Stock	58,690	\$0	58,690	D	
Restricted Stock Units <sup>(5)</sup>	(6)							12/31/2006 <sup>(7)</sup>	12/31/2006 <sup>(7)</sup>	Common Stock	1,482.97		1,482.97	D	
Option (right to buy)	\$31.3							(2)	04/01/2008	Common Stock	67		67	I	Options held by spouse
Option (right to buy)	\$31.3							(2)	03/12/2010	Common Stock	67		67	I	Options held by spouse

## **Explanation of Responses:**

- 1. Some of these shares are restricted.
- 2. These options have vested.
- 3. Stock option granted under the 2005 Omnibus Long-Term Compensaton Plan.
- 4. These options vest one-third on each of the first three anniversaries of the grant date.
- 5. Theses units granted under the 2000 Omnibus Long-Term Compensation Plan; Leadership Stock Program, 2004-2005 cycle.
- 6. These units convert on a one-for-one basis.
- 7. This is the date these restricted stock units will vest.

## Remarks:

Laurence L. Hickey, as attorneyin-fact for Mary Jane Hellyar

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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