FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Haag Joyce P</u>					er Name and Ticke TMAN KOD					Relationship of Reporting Person(s) to Issuer (Check all applicable) Director							
(Last) (First) (Middle) 343 STATE STREET			3. Date of Earliest Transaction (Month/Day/Year) 12/31/2007								X Officer (give title Other (specify below) Senior Vice President						
ROCHESTER NY 14650			4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)															
1. Title of Security (Instr. 3) 2. Da (M			2. Transac Date (Month/Da	ction	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		sposed of, or Beneficia 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			,	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			10/04			Code V		Amount	(A) or (D)	Price		(Instr. 3 and 4)	_				
Common Stock Common Stock			12/31/2			M F		3,004.12 ⁽¹⁾ 1,016.12 ⁽²⁾	A D	\$21.9 \$21.9	_	3,452.13 2,436.01	D D				
Common Stock			12/31/.	2007		•		1,010.12**	Б	Ψ21.,	<i>/</i> 1	5,230.9779	I	By Trustee in 401(k)			
Common Stock												23.6967	I	By Trustee in ESOP			
Common Stock												4,110.8546	I	By Trustee in Spouse's 401(k)			
Common Stock												100	I	By Trustee in IRA			
Common Stock												100	I	By Spouse			
Common Stock												100(3)	I	By adult children			
Common Stock												733	I	As a Trustee of Gull Rock Foundation, Inc.			
Common Stock												4,300	I	As co- Manager of Pluta Family, LLC			
		Table I			ecurities Acq						Ow	ned					

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number Derivative Securities Acquired Disposed (Instr. 3,	re es I (A) or d of (D)	6. Date Exercis Expiration Date (Month/Day/Yea	9	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Option (right to buy)	\$31.3							(4)	03/17/2008	Common Stock	97		97	D	
Option (right to buy)	\$31.3							(4)	04/01/2008	Common Stock	2,200		2,200	D	
Option (right to buy)	\$31.3							(4)	05/04/2008	Common Stock	600		600	D	
Option (right to buy)	\$31.3							(4)	03/11/2009	Common Stock	241		241	D	
Option (right to buy)	\$31.3							(4)	03/31/2009	Common Stock	2,200		2,200	D	

									osed of, or convertible			ed			
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction(s) (Instr. 4)		
Option (right to buy)	\$31.3							(4)	03/29/2010	Common Stock	2,934		2,934	D	
Option (right to buy)	\$31.3							(4)	01/11/2011	Common Stock	3,667		3,667	D	
Option (right to buy)	\$31.3							(4)	11/15/2011	Common Stock	6,500		6,500	D	
Option (right to buy)	\$36.66							(5)	11/21/2011	Common Stock	6,875		6,875	D	
Option (right to buy)	\$26.47							(5)	05/31/2012	Common Stock	30,833		30,833	D	
Option (right to buy)	\$27.06							(5)	06/29/2012	Common Stock	10,000		10,000	D	
Option (right to buy)	\$27.06							(5)	06/29/2012	Common Stock	10,000		10,000	D	
Option (right to buy) ⁽⁶⁾	\$24.75							(5)	12/06/2012	Common Stock	12,400		12,400	D	
Option (right to buy) ⁽⁶⁾	\$25.88							(5)	12/11/2013	Common Stock	41,580		41,580	D	
Option (right to buy) ⁽⁶⁾	\$23.28							(5)	12/10/2014	Common Stock	49,460		49,460	D	
Restricted Stock Units ⁽⁷⁾	(9)	07/16/2007		J	v	25.67 ⁽⁸⁾		12/31/2007 ⁽¹⁰⁾	12/31/2007 ⁽¹⁰⁾	Common Stock	25.67	\$0	2,970.67	D	
Restricted Stock Units ⁽⁷⁾	(9)	12/14/2007		J	v	33.45 ⁽⁸⁾		12/31/2007 ⁽¹⁰⁾	12/31/2007 ⁽¹⁰⁾	Common Stock	33.45	\$0	3,004.12	D	
Restricted Stock Units ⁽⁷⁾	(9)	12/31/2007		М			3,004.12	12/31/2007 ⁽¹⁰⁾	12/31/2007 ⁽¹⁰⁾	Common Stock	3,004.12	\$0	0	D	
Option (right to buy)	\$31.3							(4)	04/01/2008	Common Stock	67		67	I	Options held by Spouse
Option (right to	\$31.3							(4)	03/12/2010	Common Stock	67		67	I	Options held by

Explanation of Responses:

- 1. Vesting and distribution of shares of the 2006 Executive Performance Share Program
- 2. Payment of withholding taxes.
- 3. The reporting person disclaims beneficial ownership of these securities, and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or for any other purposes.
- 4. These Options have vested.
- 5. These options vest one-third on each of the first three anniversaries of the grant date.
- 6. Stock option granted under the 2005 Omnibus Long-Term Compensaton Plan.
- 7. These units granted under the 2005 Omnibus Long-Term Compensation Plan; 2006 Executive Performance Share Program
- 8. These units were credited to the reporting person's account as dividend equivalents.
- 9. These units convert on a one-for-one basis.
- 10. This is the date these restricted stock units will vest.

Remarks:

<u>Laurence L. Hickey, as attorney-in-fact for Joyce P. Haag</u>

01/03/2008

Spouse

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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