$\Box$ 

Restricted Stock Units<sup>(11)</sup>

(8)

12/31/2009

ROVAL 3235-0287 ırden 0.5

7. Nature of Indirect Beneficial Ownership (Instr. 4)

D

Trustee of ESOP

11. Nature of Indirect Beneficial Ownership (Instr. 4)

	FORM	14	UNIT	ED S	TAT	ES	SECURIT	<b>IES A</b> shington, D			GE CC	OMM	ISSIC	<b>N</b>					
Check	this box if no lo	onger subject to r Form 5 obligations	ST	ATEN	MEN	тс	OF CHANC	0				NERS	SHIP	OMB APPROVAL OMB Number: 3235-02 Estimated average burden					
Sectio may c	n 16. Form 4 or ontinue. See In	r Form 5 obligations struction 1(b).			Filed	pursu or S	ant to Section 1 Section 30(h) of t	.6(a) of the he Investr	Secu nent C	rities Exchange company Act of	Act of 193 1940	34			hours p	er respor	ise:	C	
	nd Address of	f Reporting Person <sup>*</sup> B <u>ERT L</u>	k				r Name <b>and</b> Tic <mark>FMAN KO</mark>						all applicable) Director	-	orting Person(s) to Issuer 10% Owner				
(Last) (First) (Middle) 343 STATE STREET					3. Date of Earliest Transaction (Month/Day/Year)     X     Officer (give title below)       12/31/2009     Senior Vice Pro										ce Presi	Other (s below) .dent	specify		
(Street) ROCHESTER NY 14650					4.	If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person							
(City)		(State)	(Zip)											T OHIT IIICU I				g r craon	
			Table I - N				Securities /		d, Di	1 .			·						
1. Title of Security (Instr. 3)					sactior n/Day/Y		2A. Deemed Execution Date, if any (Month/Day/Yea	Code (Instr.		4. Securities A Of (D) (Instr. 3	Acquired (A , 4 and 5)	uired (A) or Disposed and 5)		5. Amount of Securities Beneficially C Following Re Transaction(s		6. Owne Form: D or Indir (Instr. 4	Direct (D) rect (I)	7. Nature Indirect Beneficia Ownersh (Instr. 4)	
								Code	v	Amount	(A) o (D)	<sup>r</sup> Pri	ce	3 and 4)					
Common	Stock			12/31/2009			М		10,893.683	_	A \$4.		28,031.6831 <sup>(3)</sup>		D				
Common Stock					12/31/2009			F	<u> </u>	4,083.6831	<sup>(2)</sup> D	\$	54.29	23,948	(3)	D			
Common	Stock													23.28	2		I	By Trustee ESOP	
1. Title of	2	3. Transaction		(e.g		ts, c	ecurities A alls, warrar	nts, opti	ons,	convertible	e securi	ities)			0.00	ber of	10	11 N	
1. Inter of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	n Date	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code 8)		Der Sec Acc Dis	lumber of ivative surities juired (A) or posed of (D) itr. 3, 4 and 5)	6. Date E Expiratio (Month/D	n Date	2	Securitie	7. Title and Amount of Securities Underlying Derivative Security (In 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownersh Form: Direct (D or Indired (I) (Instr.	) Benef Owne ct (Instr.	
				Code	v	(A)	(D)	Date Exercisal	ble	Expiration Date	Title	Amou Numb Share	per of		Transaction(s) (Instr. 4)				
Option (right to buy)	\$31.3							(4)		03/29/2010	common stock	4	,934		4,9	934	D		
Option (right to buy)	\$31.3							(4)		01/11/2011	common stock	8	,867		8,8	867	D		
Option (right to buy)	\$31.3							(4)		11/15/2011	common stock	13	3,300		13,300		D		
Option (right to buy) Option	\$31.3							(4)		08/25/2012	common stock	5	,000		5,0	000	D	_	
(right to buy)	\$36.66							(4)		11/21/2012	common stock	19	9,125		19,	,125	D	_	
(right to buy) Option	\$24.49							(4)		11/18/2010	common stock Common	<u> </u>	,810			810	D	_	
(right to buy) Option	\$31.71							(4)		12/09/2011	Stock		0,810 0,000					_	
(right to buy) Option (right to	\$26.46 \$26.47				$\vdash$			(6)		05/11/2012	Stock Common		2,083			5,810 D 10,000 D 32,083 D		_	
Option (right to	\$24.75				$\vdash$			(6)		12/06/2012	Stock Common	-	5,500	<u> </u>		,500	D	+	
buy) <sup>(5)</sup> Option											Stock	<u> </u>							
(right to buy) <sup>(5)</sup> Option	\$25.88				-			(6)		12/11/2013	Common Stock Common	4	4,080			,080	D	_	
(right to buy) <sup>(5)</sup> Option	\$23.28							(6)		12/10/2014	Stock		3,270			,270	D		
(right to buy) <sup>(5)</sup> Stock	\$7.41							(6)		12/08/2015	Stock	10	0,740		<u> </u>	,740	D		
Units <sup>(10)</sup>	(8)			1				(7)		(7)	Common Stock	3,4	75.802		3,47	5.802	D		

10,893.6831<sup>(1)</sup>

Μ

12/31/2009<sup>(12)</sup>

Common Stock

10,893.6831

\$<mark>0</mark>

0

12/31/2009<sup>(12)</sup>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Restricted Stock Units <sup>(9)</sup>	(8)							12/31/2011 <sup>(12)</sup>	12/31/2011 <sup>(12)</sup>	Common Stock	12,750		12,750	D	
Restricted Stock Units	(8)							(13)	(13)	Common Stock	140,580		140,580	D	

## Explanation of Responses:

1. Vesting and distribution of shares of Leadership Stock 2007 Cycle

2. Payment of withholding taxes.

3. Some of these shares are restricted.

4. These options have vested.

5. Stock option granted under the 2005 Omnibus Long-Term Compensaton Plan.

6. These options vest one-third on each of the first three anniversaries of the date of grant.

7. Not Applicable

8. These units convert on a one-for-one basis.

9. The effective date for these RSUs is January 1, 2009.

10. These units granted under the 2000 Omnibus Long-Term Compensation Plan; Leadership Stock Program, 2004-2005 cycle.

11. These units granted under the 2005 Omnibus Long-Term Compensation Plan; Leadership Stock 2007 cycle.

12. This is the date these restricted stock units will vest.

13. These units vest 50% on both the 3rd and 4th anniversary of the grant date.

**Remarks:** 

Patrick M. Sheller, as attorney-in-fact for Robert L. Berman 01/05/2010

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.