## FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

	Washingt	on, D.C. 20549	
STATEMENT	OF CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL

ı	OWID AT 1 1	(O V/ (L							
	OMB Number:	3235-0287							
	Estimated average burden								
	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		Reporting Person* WILLIAM H				suer Name <b>an</b> STMAN						(Ch	elationship o eck all applic Director	able)	g Pers	on(s) to Issu		
(Last) (First) (Middle) 343 STATE STREET			3. Date of Earliest Transaction (Month/Day/Year) 12/07/2009							Officer (give title below)				specify				
(Street)  ROCHESTER NY 14650  (City) (State) (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	Individual or Joint/Group Filing (Check Applicable Line)      X Form filed by One Reporting Person     Form filed by More than One Reporting Person							
		Та	ble I - Nor	n-Deriv	ative	Securities	s Ac	quired,	Dis	posed of	, or Ben	eficiall	y Owned					
1. Title of Security (Instr. 3)		2. Transa Date			3. 4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a		d (A) or	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership						
						Code	v	Amount	ount (A) or (D)		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)			
Common	Stock												4,0	4,070		D		
						Securities calls, warr							Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year)		3A. Deemed Execution Date if any (Month/Day/Ye	ate, Tra	ansacti	5. Numb	er of re es i (A) sed	6. Date Exercisable Expiration Date (Month/Day/Year)		sable and	7. Title an of Securit Underlyin Derivative	7. Title and Amount of Securities Underlying Derivative Security Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	e es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	ode V	(A)	(D)	Date Expiration		Expiration Date	Title	Amount or Number of Shares	per	(Instr. 4)				
Option (right to buy) <sup>(1)</sup>	\$24.49							(2)		11/18/2013	Common Stock	2,000		2,00	0	D		
Option (right to buy) <sup>(1)</sup>	\$31.71							(2)		12/09/2014	Common Stock	1,500		1,50	0	D		
Option (right to buy) <sup>(3)</sup>	\$24.75							(2) 12/06/2012 Common Stock 1,500		1,50	0	D						
Option (right to buy) <sup>(3)</sup>	\$25.88							(2)		12/11/2013	Common Stock	1,500		1,50	0	D		
Option (right to buy) <sup>(3)</sup>	\$23.28							(2)		12/10/2014	Common Stock	9,620		9,62	0	D		
Option (right to buy) <sup>(3)</sup>	\$7.41							(2)		12/08/2015	Common Stock	18,180		18,18	80	D		
Option (right to buy) <sup>(3)</sup>	\$4.52	12/07/2009		1	A	18,180		(2)		12/06/2016	Common Stock	18,180	\$4.52	18,18	80	D		
Phantom Stock	(4)	12/07/2009			\ \ \ \	16,670 <sup>(6)</sup>		(5)		(5)	Common	16,670	\$0	34,892	2.09	D		

## **Explanation of Responses:**

- 1. Stock option granted under the 2000 Omnibus Long-Term Compensation Plan in a transaction exempt under Rule 16b-3.
- 2. These options vest one year after the date of grant.
- 3. Stock option granted under the 2005 Omnibus Long-Term Compensaton Plan.
- 4. This award converts to common stock on a 1-for-1 basis.
- 5. This date is not applicable to these units.
- 6. Annual restricted stock equity grant. These stock units are restricted.

## Remarks:

Patrick M. Sheller, as attorney in fact for William H. Hernandez

12/09/2009

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.