FORM 4

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

wasnington, b.o. 20040	OMB APPRO	OVAL
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0287
	Estimated average burd	den

Section 16. Form		io OIA	LIMEIT O	OHANOLO			-1.01	Est	imated average burd irs per response:	len 0.5		
Instruction 1(b).				nt to Section 16(a) o ection 30(h) of the Inv		es Exchange Act of 1934 npany Act of 1940	Tiodis per response.					
				ier Name and Ticke STMAN KOD			(Check	all applicable) Director	10% Owner			
(Last) 343 STATE STE	(First) REET	(Middle)		e of Earliest Transac 0/2003	ction (Month/D	ay/Year)	X			er (specify ow) <mark>lent</mark>		
(Street) ROCHESTER NY		14650	4. If A	mendment, Date of (Original Filed	(Month/Day/Year)	6. Indiv Line) X	Form filed by C	Group Filing (Check Applicable by One Reporting Person by More than One Reporting			
(City)	(State)	(Zip)						Person				
		Table I - Nor	n-Derivative S	Securities Acqu	uired, Disp	osed of, or Benefi	cially	Owned				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		

	(Month/Day/Year)	if any (Month/Day/Year)	Code (Instr. 5)		3, 4 and	Beneficially Owned Following Reported	(D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)					
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(111341. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)													

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	Table II - Derivative Securities Acquired, Disposed of, or Beneficially (e.g., puts, calls, warrants, options, convertible securities)										Owned					
1. Title of Derivative Security (Instr. 3) 2.				Transaction of Deriv. 8) Secul (A) or Dispo		5. Numb of Derivati Securiti Acquire (A) or Dispose of (D) (II 3, 4 and	Expiration Date (Month/Day/Year) rities ired r posed (Instr.		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
	Option (right to buy) ⁽¹⁾	\$24.49	11/19/2003		A		11,800		(2)	11/18/2010	Common Stock	11,800	\$24.49	11,800	D	

Explanation of Responses:

- 1. Employee stock option granted under the 2000 Omnibus Long-Term Compensation Plan in a transaction exempt under Rule 16b-3.
- 2. These options vest one-third on each of the first three anniversaries of the date of grant.

Remarks:

James M. Quinn, as attorneyin-fact for Carl E. Gustin

11/21/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.